

REVIVE Devotional:

Reflection, Refinement and Recalibration

Last week marks 100 days in quarantine! Since we are living through unprecedented times, we may not always be aware of how changes from the past 3 months could have changed our lives, positively or negatively. Let's take some time to reflect and recalibrate, as we recognize how our lives have been forever changed through divine refinement.

Definitions of our themes and topic of discussion this week:

- **Reflection:** serious thought or consideration, pondering, meditation
- **Refinement:** the process of removing impurities or unwanted elements, cleansing, sifting, or the improvement or clarification of something by the making of small changes.
- **Recalibrate:** to graduate, adjust, set, correct, fine-tune

Read and meditate on following passage from Proverbs 27:19-

"As water reflects the face, so one's life reflects the heart."

Reflection questions:

1. If your life is a reflection of your heart, what is your life currently reflecting?
2. What have you learned from this time of quarantine?
3. How have you seen God work through this time of quarantine?

Refining and recalibrating questions:

1. What are some unhealthy habits or tendencies that you've picked up during this time of quarantine?
2. How can you fill in the gaps, or reconcile those things by living a more healthy lifestyle? Think about what you may be lacking in this time and see how you can fill those needs.
3. What are some things that you've picked up during this time of quarantine that you would want to keep doing, post-quarantine?

End in prayer to the Lord. One easy way to pray is to remember the following acronym:

P- petition...God, I am in need of...
R- repent...Father, please forgive me of...
A- adore...Jesus, I thank you for how you are so...
Y- yield...Lord, I give you my...

God bless, REVIVE family! Hope to see you on Saturday, June 27, 2:00 p.m. via zoom!