

This week we want to reflect on the importance of remembering, especially in light of our current circumstances. We are all going through this pandemic in a slightly different way – let's make the space to process through how we're personally experiencing it. This week we want to take some time to ask ourselves the question, "What is important for us to remember during this time in our lives?"

To help do this, please start by reading Joshua Chapter 4. This is the account of the Israelites crossing over the Jordan River into the Promised Land and setting up twelve stones as a memorial of this moment in their history.

As we read through this / watch the devotional video on YouTube, notice the way that there is a progression in how the Israelites are to remember and share about this event:

- 1. First, just say what happened
- 2. Second, see how God was involved in what happened
- 3. Third, seek to understand what God wants to show us and teach us through what happened

Let's use this model as a framework for how we can remember what we're going through in our own lives.

Here are some reflection questions for this week:

Reflection on the passage:

- 1. What do you think was going through the mind of the people as they were crossing over into the Promised Land?
- 2. Why is it important for the Israelites to have a memorial about crossing over the Jordan River?

Personal reflection questions:

- 1. What are things in your life that help you to remember the important events in your past?
- 2. What do you feel will be important for you to remember about this time during the pandemic? How will you describe it to people who ask you about your experience in years to come?

Invitations to respond:

- 1. What is a tangible way to remember what life is like for you right now? Some potential ideas:
  - a. Journaling every day or a few times a week
  - b. Taking a picture as a reminder of something unique each day
  - c. Doing a video log where you share about things going on in your life
  - d. Share about your everyday life with someone, as a way to continue processing what you're going through.