## Hello REVIVE Family!

It has been over a year since the beginning of the pandemic and it has me looking back on the many ups, downs, transitions, and changes this season has brought not only in my own life but also in the lives of those around me and our world.

As I reflect on this I've asked myself,

"How can my focus remain centered in Jesus?"

The words that came to mind were,

"Abide in me."

"As the Father loved Me, I also have loved you; abide in My love. If you keep My commandments, you will abide in My love, just as I have kept My Father's commandments and abide in His love."These things I have spoken to you, that My joy may remain in you, and that your joy may be full. -John 15:9-11

Finding our rhythms of grace is less about having doing something than it is about being present before him, abiding in him. It is a personal experience between you and God that allows ourselves to look beyond what is happening circumstantially and surrender to him. This can look different for each of us. What does abiding in Jesus look like for you?

For this week's devotional, let's take 5 minutes (or more!) to be with God and center our focus. If you are having trouble thinking of something here are some ideas:

- \* a 5 minute guided prayer from the devotional video
- \* reflect on the verse above
- listen to one worship song
- journal for 5 minutes

## Reflection Questions:

- 1. How were you before taking those 5 minutes? Take note of how you were mentally, emotionally, physically, etc.
- 2. Do you notice any changes/shifts after? This can be emotional, mental, physical, spiritual changes.
- 3. Are there any areas or things that you need to surrender? Express those to God.
- 4. How is God inviting you into a deeper place in abiding with him?